

# Green Infrastructure in the Capital District

Planning & Zoning Workshop

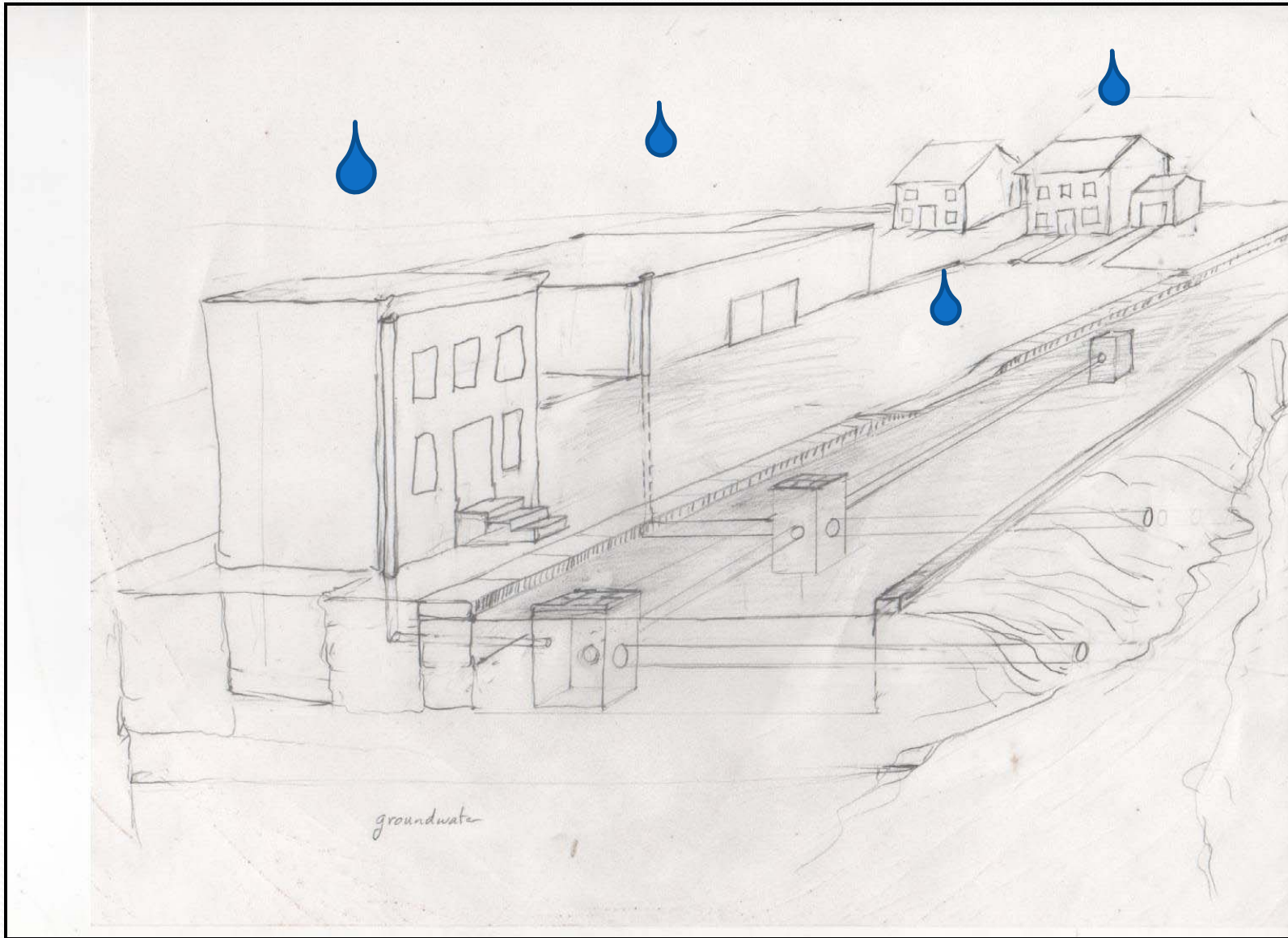
June 20, 2013

Maryella Bell, Daniel Berheide, Mike Burns,  
Nancy Heinzen, Kate Maynard, Al Flick



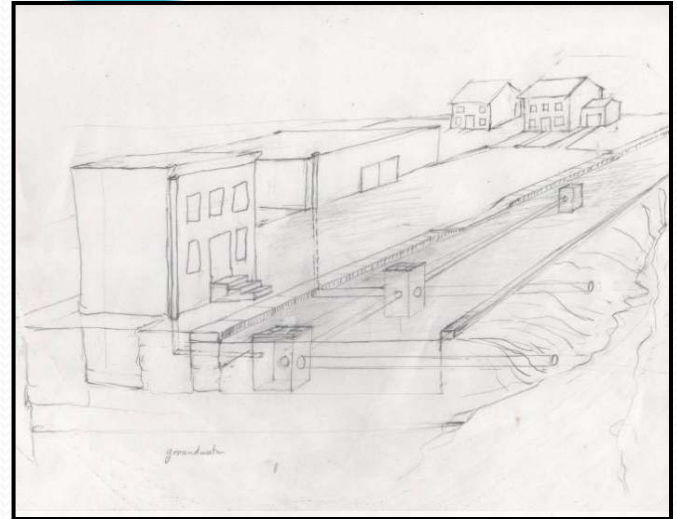
# Introduction to Green Infrastructure

# Consider a few raindrops...



## Some problems with “urban” runoff:

- Flows over flat, hard surfaces, accelerates easily
- Pipes concentrate flow
- Pollutants picked up and quickly transported to streams
- Storm pipes sometimes combine with sanitary pipes → bacteria laden overflows



**Erosion at Discharge.  
Stream Instability.**

**“Daily life” pollutants  
enter streams,  
untreated.**



# **Is there a product you can buy which:**

- 1) Reduces amount of stormwater runoff entering the system?
- 2) Treats pollutants?
- 3) Slows down or absorbs stormwater runoff?

# Yes, green infrastructure!

**EVAPOTRANSPIRATION** (Plants Pull Stormwater Water Up and Out of Storm System);

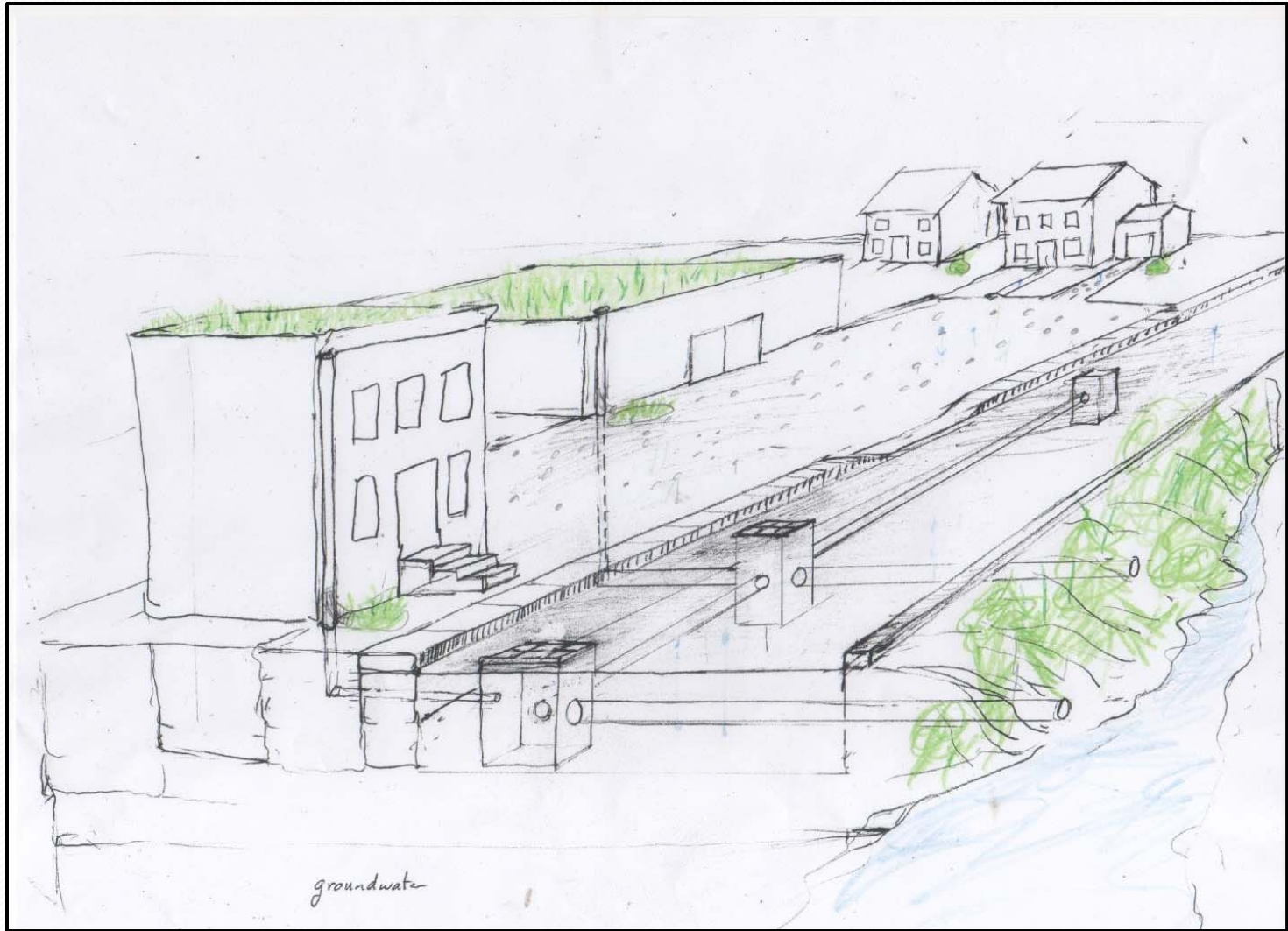
**LEAVES** (Block Rain Fall);

**ROOTS** (Obstacle course for runoff-slows it down);

**HEALTHY SOILS** (Bacteria Removes Pollutants)

**INFILTRATION** (Recharge Aquifer)







## **Green infrastructure occurs at various scales...**

- Landscape
- Neighborhood
- Site Plan Level


**Includes a  
Variety of  
Practices**





## **Many incentives to use green infrastructure...**

- Climate Smart Communities
- LEED for Neighborhood Development
- Cleaner, Greener-Sustainability Plans
- Hazard Mitigation
- U.S. Green Building Code
- Green Jobs
- Promote Biodiversity & Native Plants
- Access Grant Money



# **In New York State, Green Infrastructure Now Has Legal Standing...a consequence of Clean Water Act Permits.**

- 1) Combined Sewer Overflow (CSO) Permit-Long Term Control Plans
- 2) Municipal Separated Storm Sewer System (MS4) Permit
- 3) Construction Activity Permit

**More incentives!**

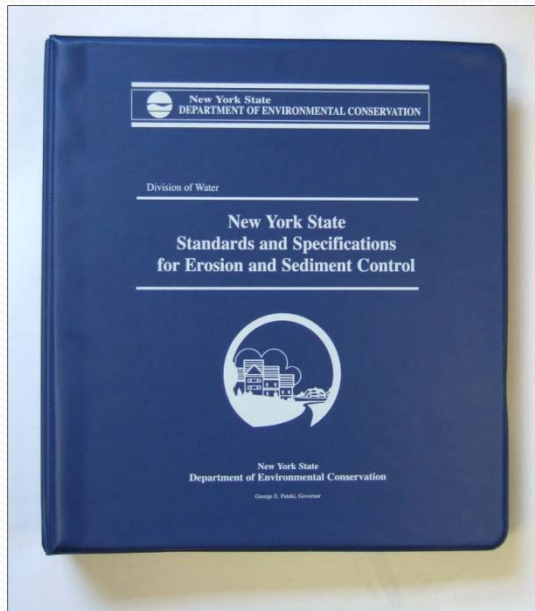
**Anywhere in the United States,  
construction disturbing >1 acre is considered unlawful,  
unless permitted.**



**FEDERAL CLEAN WATER ACT**

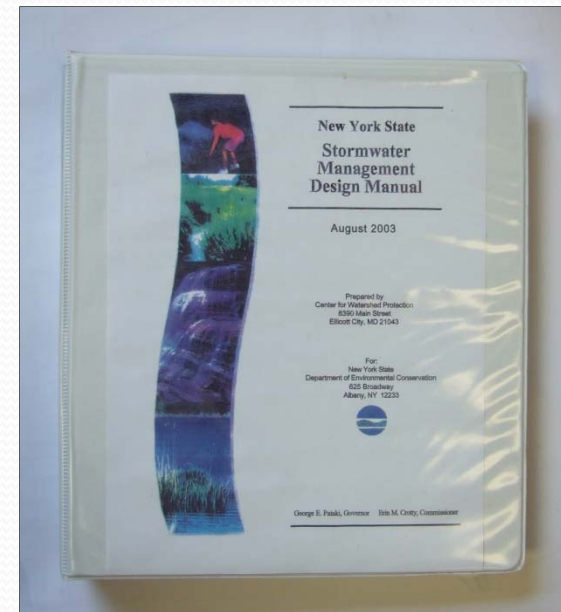
# CONSTRUCTION ACTIVITY PERMIT

## Erosion and Sediment Control



**DURING CONSTRUCTION**

## Water Quality & Water Quantity Control



**POST CONSTRUCTION**

**New York State**

**Table 3.1 Green Infrastructure Planning General Categories and Specific Practices**

Group	Practice	Description
Preservation of Natural Resources	Preservation of Undisturbed Areas	Delineate and place into permanent conservation easement undisturbed forests, native vegetated areas
	Preservation of Buffers	
	Reduction of Clearing and Grading	
	Locating Development in Less Sensitive Areas	
	Open Space Design	
	Soil Restoration	
Reduction of Impervious Cover	Roadway Reduction	Minimize
	Sidewalk Reduction	Minimize
	Driveway Reduction	Minimize
	Cul-de-sac Reduction	
	Building Footprint Reduction	Reduce and tallies
	Parking Reduction	Eliminate

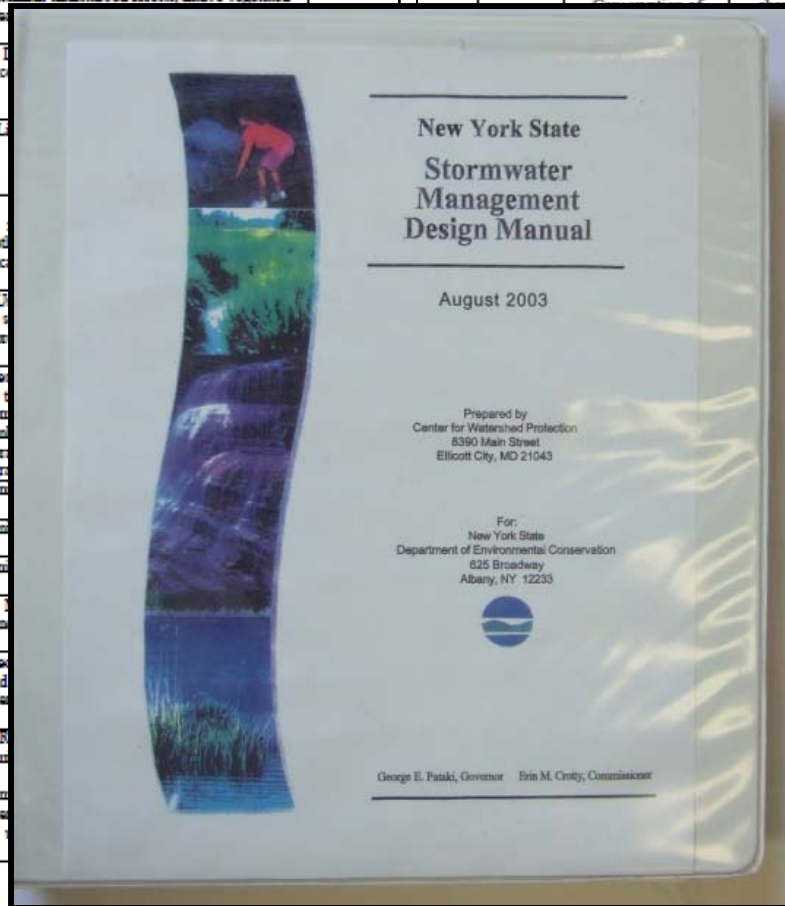
August 2010

**Table 3.2 Green Infrastructure Techniques Applicable for Runoff Reduction**

Group	Practice	Description
Runoff Reduction	Retention of Natural Areas	Retain the pre-development hydrologic and water quality characteristics of undisturbed natural areas, stream and wetland by restoring and/or permanently conserving these areas on a site.
	Retention of Natural Buffers	Undisturbed natural areas such as forested conservation areas and buffers or vegetated filter strips and riparian buffers can be used to treat and control stormwater runoff from some areas of a development project.
	Retention of Natural Drainage Paths	Natural drainage paths, or properly designed vegetated channels, used instead of constructing underground storm sewers or open channels to increase time of concentration, reduce the peak discharge, and provide infiltration.
	Retention of Trees	Conserve trees to reduce stormwater runoff, increase nutrient uptake, and provide bank stabilization. Trees can be used for applications such as landscaping, stormwater management practices, conservation areas and erosion and sediment control.
	Retention of Roof Areas	Reduce stormwater runoff from residential rooftop areas and upland overlaid areas to designated pervious areas to reduce runoff volumes and rates.
	Retention of Stream Channels	Highlight previously-culverted/piped streams to restore natural channels, better attenuate runoff by increasing the storage size, promoting infiltration, and help reduce pollutant loads.
	Retention of Small Stormwater Runoff	Collect and treat small volumes of stormwater runoff using a vegetated planting soil bed and planting materials to filter runoff stored within a shallow depression.
	Retention of Roof Vegetation	Reduce runoff by a layer of vegetation and soil installed on top of a flat or sloped roof. The rooftop vegetation allows evaporation and evapotranspiration processes to reduce volume and discharge rate of runoff entering conveyance system.
	Retention of Stormwater Treatment Devices	Install vegetated stormwater treatment devices that can be designed for filtration or filtering practices. Stormwater planters use soil retention and biogeochemical processes to decrease stormwater quantity and improve water quality.
	Retention of Stormwater Runoff	Collect and store stormwater runoff to be used for irrigation systems or filtered and reused for non-contact activities.

August 2010

3-6



**GREEN INFRASTRUCTURE PLANNING and DESIGN: 1) Preservation of Natural Resources; 2) Reduction of Impervious Cover; 3) Run Off Reduction Techniques**



**A New Frontier...With a  
Learning Curve...Fits and  
Starts...both Technical  
and Administrative**



**These Presentations:**

**Local Green Infrastructure Practices  
and  
Lessons Learned**



# Land Conservation

- Should be the first consideration for a site
- Protecting open space and sensitive natural areas
- Mitigates pollution and flooding issues
- Provides recreational areas and increases property values
- Provides habitat





# Conservation Examples

- The City of Rensselaer increased area zoned for Land Conservation in recent zoning update, 2012
- Conducted GIS based study of undersized and vacant lots for potential community gardens.
- Conservation easements, such as trails.



# Lessons Learned

- Reinforces need for open space plans
- Entity responsible for oversight of undisturbed land
- Enforcement for no-cut buffers and signage
- Dual purpose role for area
- Reduces tax rolls / increased property values



# Stream Buffers

- A vegetated area on either side of a stream that cannot be developed
- Slows runoff, protecting stream banks from erosion
- Roots reduce soil erosion
- Filters pollutants
- Shades and cools stream
- Provides habitat

# Schematic Example



# Stream Buffer Examples



# Stream Buffer Realities



Leaving a stream daylighted is a good start, even with an inadequate buffer.  
Native Plantings.



# Lessons Learned

- Minimum stream buffer width should depend upon soil type, topography and stream classification
- Definition of measurement terms
- Do not apply herbicides or pesticides within buffer zone
- Do not mow or cut trees/shrubs unless diseased/dying
- Property Owner education is crucial



# Infiltration Basins

- Shallow basin with a flat base
- Stores water, which gradually infiltrates over 1-3 days
- Reduces pollutants
- Cannot use with karst formations due to sink hole risk
- Under drain should be included for unclogging the practice
- Will not operate in freezing conditions
- Basin must be sized to handle spring snowmelt
- Industrial looking practice



# Infiltration Basin Examples



# Infiltration Basin Examples



# Infiltration Basin Examples





# Lessons Learned

- Due to size, difficult to apply in ultra-urban locations
- Do not use in contamination hotspots due to possible ground water contamination
- High rate of failure and high maintenance requirements

# Urban Forestry

“The preservation and expansion of the Urban Forest will serve the public interest by improving the community’s physical, social, cultural and economic environment.”  
– “City Council resolution, June 3 2008



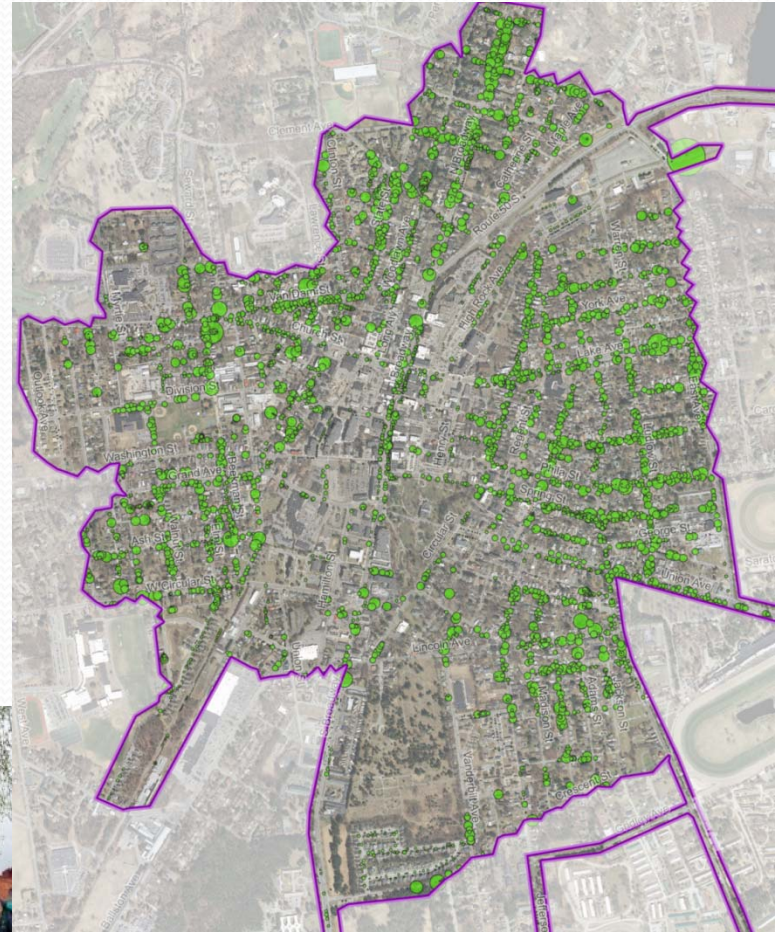
“...among the improvements which have taken place in this village since the last year, is the lining of most of the sidewalks with maples and elms from our forests. These are generally of a good size and will, in a short time, render the walks delightful cool and refreshing, and give to the village an elegant rural appearance.”  
– Saratoga Sentinel 1829

Urban Forestry- trees have immense value calculated in different ways.

- Trees reduce and slow rainwater by intercepting precipitation on leaves and branches.
- Trees aid infiltration and evapo-transpiration

# Urban Forestry

- Improved air quality, reduction of CO<sub>2</sub>
- Reduce urban heat island effect
- Improve air quality
- Improve aesthetics and property values
- Assist in creating a sense of place
- Reduce noise
- Provide habitat
- Decrease energy cost



# Urban Forestry

- City's Urban and Community Forest Master Plan adopted May 21, 2013 (Cardinal Direction)
  - Provided inventory of identified portions of City, analysis, recommendations for policy, regulations, and implementation items.
  - Estimated 13,000-15,000 street trees within City=several million dollars/yr value. On average each tree provides \$127/yr value!



NYC is giving trees a better growing environment by increasing rooting volume and integrating stormwater management systems with the planters.



# Lessons Learned

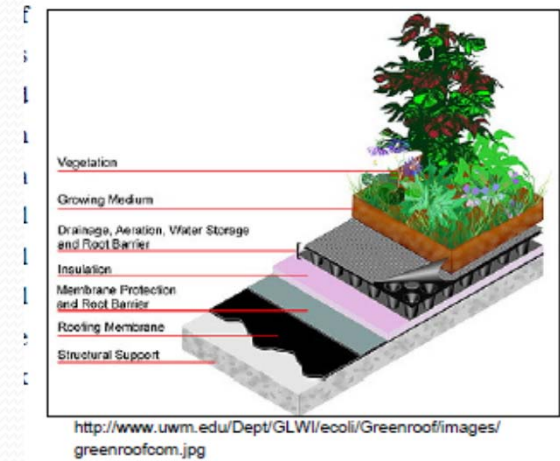
- Less interception of rainfall by deciduous trees during late fall, winter and early spring
- Understand your local conditions and values trees provide.
- Plant a variety of species to avoid disease issues
- Native vs. Non-native species
- Regulations: retention of mature trees, tree spacing.
- Avoid nuisance trees: seed pods, heavily scented, prone to breakage
- Consider the mature tree size when selecting a tree for a specific location. Utilize smaller trees under power lines, etc.
- Requires regular watering during first two years and on-going routine maintenance
- Sidewalk heaving & utility issues



# Green Roofs

- Vegetation in a growing media
- Infiltrate, store and evapo-transpirate rain water
- Reduce urban heat island effect
- Reduce energy costs for heating and cooling
- Increase roof lifespan
- Residential, commercial and industrial applications

Figure 5. 46 Green roof layers



# Green Roof Examples



Bowtie Movie Theater  
Bonacio Construction  
La Group Plan



Beacon Institute  
Green Roof,  
Beacon, NY

# Green Roof Examples



2 West Ave  
Independent  
Senior Living with  
Commercial Space  
Omni  
Development  
La Group plan

# New York State Office of General Services 44 Holland Ave, Albany, NY



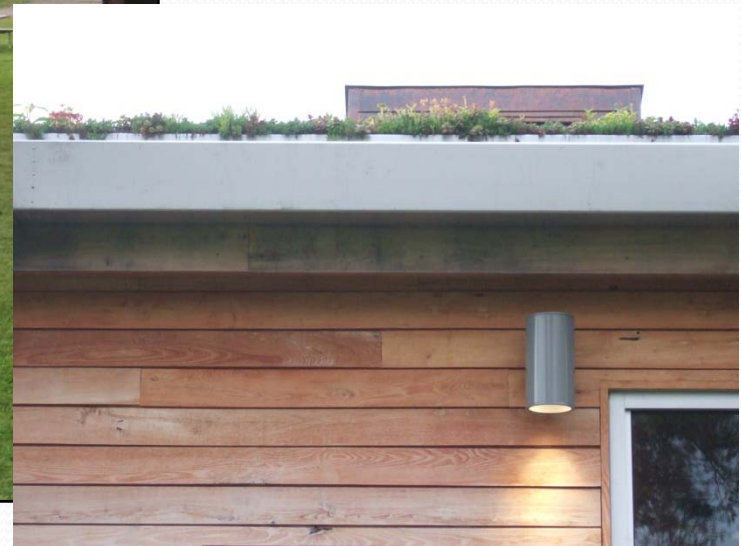
**Before**



**After**

# Five Rivers Environmental Center

56 Game Farm Road, Delmar, NY





# Lessons Learned

- Significant upfront costs
- Site amenity, aesthetic values also double benefit to consider.
- Building must be able to support the weight of a fully saturated green roof
- Practice is still new with much practical information still being learned.
- Too much fertilizer may result in nitrogen and phosphorus runoff
- Plants must be suitable to ensure stormwater function, not just aesthetic.
- Plant care, maintenance and accessibility to practice.



# Permeable Pavements

- Hard surfaces that infiltrate, store, and treat rainwater
- Made of porous asphalt or concrete, recycled rubber, or interlocking paver block
- Reduces runoff, removes pollutants, increase recharge
- Stone reservoir can take runoff from other sources
- Ideal for parking lots, walks, drives, side streets, alleys
- Eliminates need for catch basins, storm pipe, etc...
- Improves traction, reduces road salt and freeze/thaw

# Columbia Pavilion, Spa State Park





# Porous vs. Hot Mix Asphalt



# Porous Asphalt In Action



# Small Saratoga Eatery



# Interlocking Paver Examples

## BASF Rensselaer





# Lessons Learned

- Infiltration test to determine soil conditions first step
- Must be well engineered to manage runoff and traffic load
- Lack of standard for asphalt invites variables and problems
- Stone reservoir properly sized to prevent surface flooding
- Underlying soil protected from compaction, or restored
- Sub base material washed, free of fines, voids-voids-voids
- Asphalt aggregate size, binder, and additives are critical
- Installation procedure and compaction must be inspected
- Prohibit winter sanding & vacuum surface to extend life



# Bioretention Areas/Rain Gardens/Planter Boxes

- Designed to filter and/or infiltrate using soil & plants
- Smaller version of detention basin but less capacity, improved aesthetics, adds to property value
- Pre-treat using filter strips to improve water quality
- Various settings... residential, urban, institutional
- Handles impervious surface runoff plus roof drains
- Works well in combination with other practices
- Use native plants adaptable to wet and dry conditions
- Low maintenance needs, easy to replace components

# BASF Site

THE BASF WILDLIFE HABITAT & ENVIRONMENTAL EDUCATION CLASSROOM  
Rensselaer, New York

- ① ENVIRONMENTAL EDUCATION CENTER  
-Platinum LEED certification pending
- ② ENTRY PLAZA  
-Pervious Concrete Pavement
- ③ SOLAR PANEL ARRAY  
-Provides 50% power for building
- ④ RAIN GARDEN  
-Captures 100% roof runoff
- ⑤ SITE CIRCULATION  
-Stone dust pathways
- ⑥ ORCHARD / CROP FIELD  
-Working landscape for wildlife and food production
- ⑦ NORTH POND WITH BOARDWALK  
-Stormwater retention and infiltration
- ⑧ BUTTERFLY MEADOW  
-Certified 'wildlife at work' through Wildlife Habitat Council for increasing biodiversity (i.e. Isabella Butterfly, Black Swallowtail, and Halloween Pennant Dragonfly)
- ⑨ COMMUNITY GARDEN  
-Precast drywell planters
- ⑩ VEGETATED SWALE  
-3 Bridge Crossings
- ⑪ SOUTH POND & WETLAND  
-Stormwater retention and infiltration
- ⑫ STONE AMPHITHEATER  
-Outdoor classroom
- ⑬ FOREST GROVE  
-450 phytoremediation species with 220 mixed hardwood and evergreen species



# Bioretention Examples



05/22/2013



# Bioretention Examples



# The Rain Garden Gold Standard

## 24 Martin Road, Voorheesville, NY



**OFFICE of ACSWCD and Albany Cooperative Extension CCE Master Gardeners**

## LOCATIONS

1. Town of Bethlehem, Elm Avenue Park
2. City of Cohoes, Veterans Park
3. Cornell Cooperative Extension, 24 Martin Rd
4. Albany County Shaker Heritage Museum
5. Town of Colonie, Public Operations Building, 347 Old Niskayuna Road
6. Village of Colonie, Cook Park
7. SUNY Albany, Uptown Campus, Alumni House
8. Town of Guilderland, Parks and Recreation Building

# RainGarden

## DEMONSTRATION AREA

Making a Beautiful Difference!



Captures stormwater runoff - Replenishes ground water  
Traps sediments, fertilizers, and other pollutants  
Helps prevent flooding

*- Partners and Funding -*

Albany County Cornell Cooperative Extension Master Gardeners

Albany County Soil and Water Conservation District

Stormwater Coalition of Albany County

Town of Bethlehem & City of Albany

NYS Dept. of Environmental Conservation-Environmental Protection Fund

For information on building a Rain Garden call Cooperative Extension; 765-3500

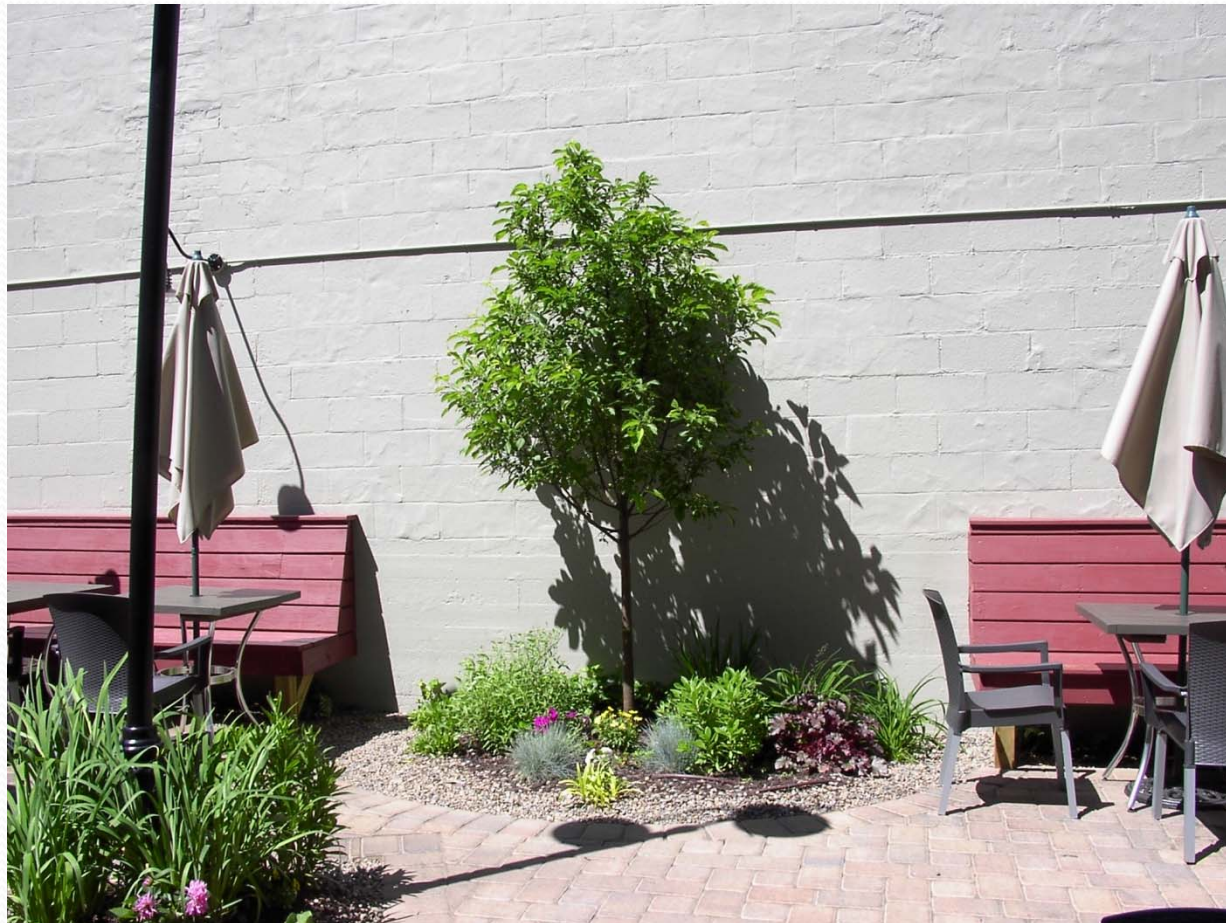
# 2012 Inspection of Demonstration Rain Gardens in Albany County—Lesson Learned



# Planter Box Examples



# Planter Box Examples





# Lessons Learned

- Designers over extend latitude in soil bed, plant choices
- Involves infiltration, so soil conditions must be verified
- Beside landscaping expertise, engineering also necessary
- Insure grading directs enough water to support plants
- Big payoff in visual aesthetics and higher property values
- Under drain or overflow to conveyance often overlooked
- Long term maintenance best by deed or legal agreement

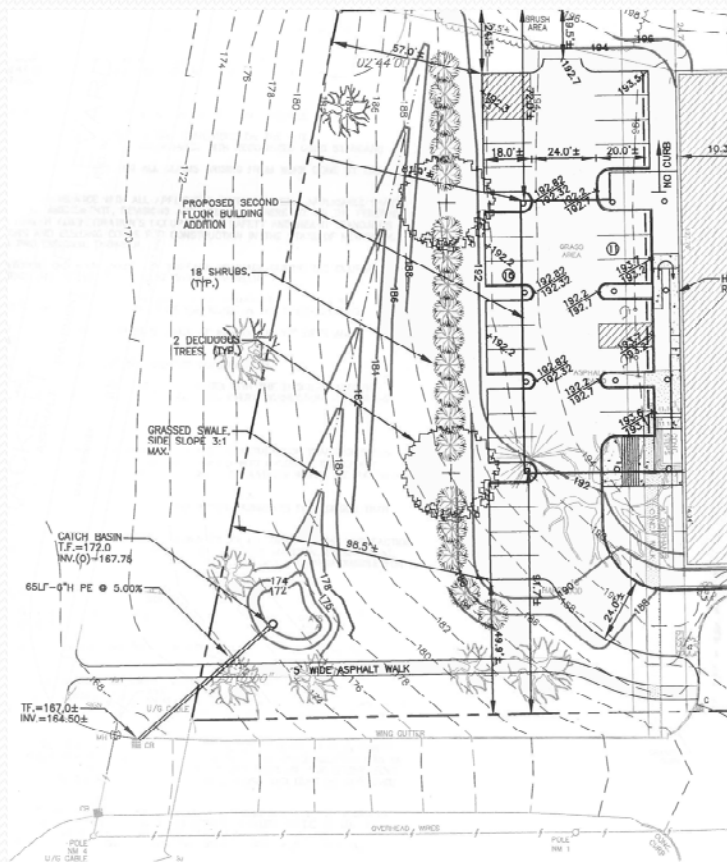


# Bio Swale/Grass Swales

- Referred to as grass swales, filter strips, and vegetative swales
- Linear, broad, shallow channel with dense vegetation on sides and bottom
- Remove particulates and pollutants
- Reduce flow velocity allowing for treatment and infiltration
- Infiltrate and store rainwater
- Cheaper than curbs, gutters and storm sewer pipes



# Bio Swale/Grass Swale Examples



2 Clara Barton Drive Addition



# Lessons Learned

- Easy to install and maintain
- Works well in combination with other practices
- May erode in high flow situations/large storms
- Not suited to steep slopes/flat areas
- In poorly drained areas can become mosquito breeding ground and drowning hazard
- Removing vegetation and reseeding undermines practice



# Putting It All Together: Green Streets

## **Quail Street - Green Infrastructure Project**

3,850 Linear Feet of Quail Street

from Madison Avenue to Central Avenue

### **Objective**

- Incorporate green infrastructure improvements into a streetscape while being mindful of the urban streetscape design objectives, functionality, and operation and maintenance considerations.

# Putting It All Together: Green Streets

## **Goals of the Project:**

- Provide an area that demonstrates what green infrastructure practices look like
- Demonstrate how the practices function and can be integrated in a single landscape and monitor operation, maintenance and functionality over time
- Provide a “touch & feel” for contractors, developers, government and municipal officials and staff, and residents.
- Involve Community stakeholders and residents to evaluate the non-green benefits of green

# Putting It All Together: Green Streets

- **Proposed Design Elements**

- Permeable Pavers on select sidewalk areas
- Large trees providing shade and impervious cover reduction
- At-grade plant beds to reduce impervious cover
- Depressed bioretention areas to store and treat stormwater runoff from sidewalks and roadway
- Sidewalk bump outs to provide additional areas for bioretention
- Curb-inlets to collect water and direct it to bioretention areas
- Shallow sediment collection areas in the bioretention areas for pretreatment and energy dissipation
- Use of native planting appropriate for bioretention in urban northeast conditions

# Putting It All Together: Green Streets

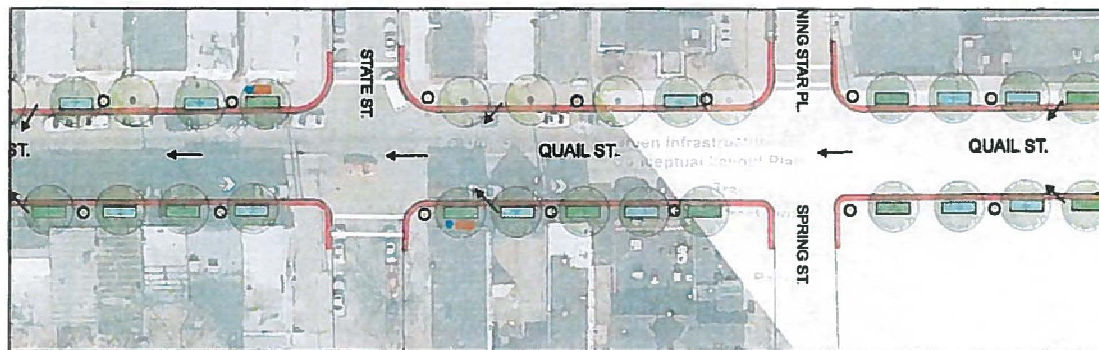


Figure E

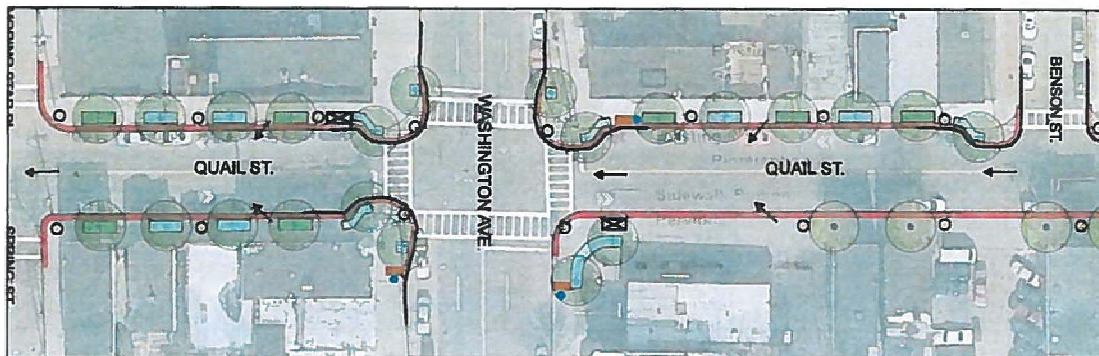
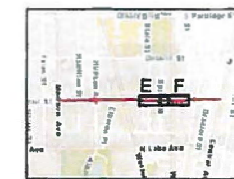


Figure F



## Green Infrastructure Conceptual Layout Plan

- Trash
  - Street Light
  - Flow Path
  - Bike Racks
  - Bus Stop
  - Bench
  - Proposed Trees
  - Existing Trees
  - Grates
  - Plant Bed
  - Existing Curb
  - Bioretention Area
  - Sidewalk Bumpout
  - Pervious Paver
- 0 20 40 60 80 Feet



# Lessons Learned

- Not everyone will love your project or the idea of it!
  - Expect Resistance and Persevere
- Not every practice works or works anywhere
  - Be creative but still realistic
- Involve the people and organizations from the community
  - Universities
  - Public Schools
  - Student Organizations
  - Residents
- Respect the input of all involved
- Be ready for change, it is a process as much as a project



Questions?